

APS MIRROR

THE OFFICIAL SCHOOL NEWSLETTER

A PLATFORM TO ENCOURAGE CREATIVITY AND NURTURE NEW SKILLS AND INSIGHTS

Don't let what you cannot do interfere with what you can do

-John Wooden



The man who does not read books has no advantage over the one who cannot read them

-Mark Twain

CAPT. SANJAY SHAROTRI

DIRECTOR
AADHUNIK PUBLIC SCHOOL



We at Aadhunik are motivated to prepare our children to face the challenges the future holds for them. This is what keeps us working towards a continuous process of reflection. We strive each day to forge ahead with all the required facilities and a well-balanced curriculum that will help us nurture the academic and the co-curricular areas. We endeavour to sharpen the skills and enhance the knowledge of our students through various activities. Our faculty enables this vision of ours by keeping themselves at par with the latest trends in education. We are proud of our students who not only enjoy the culture of our school but reward the community by their achievements.

We have taken a leap this year by introducing Humanities stream for class 11. The blend of subjects in this stream, which would be as per the aptitude and preferences of the students, would not only prepare them for varied career opportunities they'd come across but also enhance their character, preparing them to become global leaders. I am certain that the students who walk into our institution will cherish the moments spent here and step out well-groomed to face the challenges that life will throw at them. We take our children through the principles of thinking, reflection, independence and resilience. Our students are Indian at heart and we are bent on making them global citizens of Dignity, Integrity and Compassion.

MS. ANJALI DOGRA

PRINCIPAL
AADHUNIK PUBLIC SCHOOL



It gives me immense happiness to see our school grow each year. A new session brings a new hope and newer opportunities to prepare our students to face life beyond class 12th with resilience and compassion.

The only lines that I can think of when I see our planted seeds bloom are,

**The woods are lovely, dark and deep,
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.**

At Aadhunik, we try to equip our students with life skills so that they can make informed choices about their future and smoothly move to the world of careers.

We ensure that our students receive a perfect amalgamation of curricular and co-curricular activities for their holistic growth. There are frequent visits to various labs/offices and museums around the city so that the children become aware and get a first-hand experience of the real world and how it works. We rejoice in our achievements but don't take rest on the accolades of the past. We strive to secure a steady growth by motivating our team and the pupils at every step to stir their minds towards a positive direction. I assure each one of you that our students have and will continue to transform into critical thinkers and lifelong learners who fit perfectly into the ever changing global world.

IN THIS ISSUE

Message by the Editor

Messages by the teachers

School activities/news

Student submissions



FROM THE EDITOR'S PEN



'Dear Children

The sole purpose of this e-magazine is to remind you all that each one of you is a special entity of Aadhunik Public School and you have the power to change the course of your life and many others towards a fruitful path.

APS Mirror is a bi-annual magazine which has been launched to bring forth the views of our faculty and the students on contemporary topics and issues which hold relevance in everyone's lives.

I, as the editor of this magazine, request each one of you to continue surprising us with your original and well-written submissions. Remember, there is a hidden connection between the writer and the reader which you might not be able to see, but you can certainly feel it.

Stay motivated to draw, write or create. Have a purpose in life and that purpose will fill your submissions with power. We all have the luxury of living in an era in which we are surrounded by information of all kinds. There is no excuse of being ill-informed as you have access to the knowledge that is there in the world.

Get a hold of a book today and start your journey of reading. It will not only make you more creative but would instil in you the confidence to face the world and stand for what you believe in. It will also help you unleash your hidden capabilities so you can express yourself better in writing or through art.

We are waiting to publish you! Come forward and leave your fears behind.

Ms. Eeha Singh
Editor

WE COULDN'T BE MORE PROUD

CBSE BOARD RESULTS - CLASS X / XII



CLASS X- OVERALL ABOVE 90%-9 STUDENTS
CLASS XII- OVERALL ABOVE 90%-7 STUDENTS



Role of Science & Technology in Today's Life



In today's world, the role of science and technology is indispensable. We need Science and Technology in every sphere of our life like to treat diseases such as cancer or even to book a cab or train/flight ticket.

One of the most important aspects of Science and Technology is that it has solution to the difficult of the difficult problems, the problems which have the potential to become major bottlenecks to the overall growth of the country.

Some of these problems could be – Health aspects ,Standard of education, Availability of healthy food and safe drinking water, Infrastructure etc.

On the other hand, once mitigating solutions are found for these problems, then the second major issue is the under-development in the field of scientific research and technology that directly affects the development of the country's economy, infrastructure, higher education etc.

Government has also created an exclusive department to emphasize on the development of Science and Technology and a separate budget is also allocated for the same.

Nature of Science & Technology

There are normally two types of knowledge required for the overall development of a country

Technical Knowledge i.e. 'know-how'. It includes ranges of basic skills such as advancement in agriculture, development of chemical industries, medical technology, software engineering, etc.

Understanding of the attributes or elements i.e. knowledge and understanding of the intelligence of workers, quality of products, value of a firm, effectiveness of market, etc.

Science and Technology is directly related to the overall development of the country.

Therefore, in order to alleviate the basic problems of food and supply, safe drinking water, health problems, education, infrastructure, etc., the emphasis and gradual development of Science and Technology is essential.

Harsh Mahajan
PGT Science

ARTISTIC MASTERPIECES BY ANIKET RANGRA IX B



WORLD OF ANIME BY LAKSHAY SAINI IX B



MAKING IDEAS HAPPEN

SCHOOL ACTIVITIES



WITHOUT LABOR NOTHING PROSPERS

Celebrating International Labor Day



WHEN THE WELL IS DRY

WE KNOW THE WORTH OF WATER

WORLD WATER DAY 2023



LIFE IS BETTER WHEN YOU'RE LAUGHING

HASYA KAVI SAMMELAN





NATIONAL ANTI TERRORISM DAY



MIME

Terrorism- The biggest threat to humanity



WEDNESDAY FEAST

HAPPINESS IS..... EATING TOGETHER!



UKG-B

**KIDS JUST WANT TO HAVE FUN!
AND WHY NOT!!**



Nursery



Nursery



INTERNATIONAL YEAR OF MILLETS

India is taking the lead in popularizing millets whose consumption promotes nutrition for all and welfare of farmers.



MOTHER'S DAY



HOUSE COMPETITION CLASSICAL DANCE



Learning IS FUN

HIMACHAL DAY AND BSAIKHI CELEBRATIONS



believe →

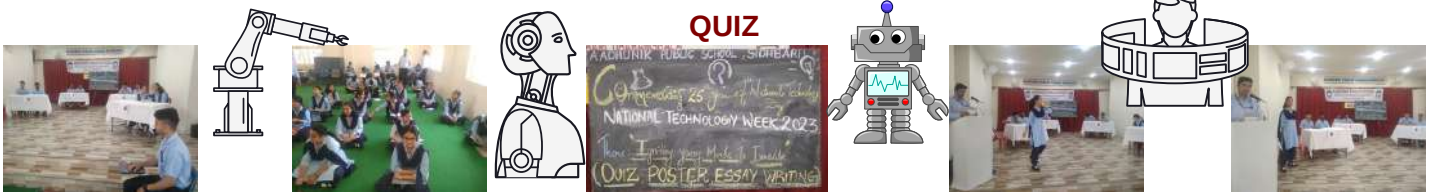
SPELL BEE COMPETITION
POWER OF A GOOD VOCABULARY

inspire



NATIONAL TECHNOLOGY WEEK 2023

QUIZ



OUR BUDDING WRITERS

Topic: My Favourite Festival

There are so many festivals celebrated in the world. But my favourite festival is Diwali. Diwali is known as the festival of lights. Diwali is celebrated to mark the return of God Rama and Mata Sita in the city of Ayodhya. Diwali is celebrated after 20 (twenty) days of Dussehra. In Diwali festival, we eat so many sweets, burn crackers at night and make Rangoli. During this festival people also decorate their homes with lamps.

Name: Anika Sharma
Class: 5th
Section: A

Baisakhi

The Baisakhi festival, also known as Vaisakhi, is celebrated every year in the month of April. Although Baisakhi is mainly a festival of Hindu - Sikh communities, people of Islam also celebrate and actively participate in the celebration. Baisakhi is not only a festival of Sikh new year or the harvest season, but also to mark the last Khalsa organised by Guru Gobind Singh in 1666.

The last Khalsa of Guru Gobind Singh

The reading of the holy book of Sikh Guru Granth Sahib in the Gurudwaras, and the distribution of Karah Prasad and the Langar amongst the devotees after being offered to Guru are amongst some of the holy activities of Baisakhi.

For entertainment purposes fairs are arranged on Baisakhi and the traditional Bhangra and the Gidda dance along with the Punjabi dhols add to the frolic of the celebration.

Baisakhi at the Golden Temple also becomes significant because it was the place where Guru Gobind Singh laid the foundation of the Khalsa Panth.

Baisakhi has the tradition of dance, music and enjoyment and commemorates the virtue of our great gurus and saints.

People also pay tribute to the martyrs of Jallianwala Bagh who sacrificed their lives for the country on this very day.

Taking a dip in the sacred Amrit Sarovar at Golden Temple on Baisakhi is a tradition to cure people and wash their bad karmas.

Arnav Chouhan
8th A



Education system of India on one hand can be considered as developed and good but on the other hand it is not systematic. As government had made the policy of passing children till class 8. It has made a huge effect on the studies of the children. Children know that whether they study or not they would be passed till class 8, this has left a huge impact as education is taken lightly by the children which creates problem to them in higher classes. Our education system is wide and well maintained no doubt. It is known to everyone that government has made many changes, which has improved it certainly. In the present scenario the government schools provide food in the schools in order to provide opportunities to children to avail education those who can't afford it easily. This step by the Government is appreciable. Proper examinations should be conducted in order to set up some rules to be followed up which can give a little pressure to the children and they start studying hard and that is important too. There should be no barrier between the students and the teachers so that the children may not hesitate to ask questions related to their studies or his/her personal life. So that their emotional and study related issues could be solved. Students should understand the responsibilities as well and should work hard to achieve success in life.

Aryan Choudhary[Med class 12]

Beachside Meetings

I met a man
by the edge of the sea.
Tattered clothes, frayed edges,
his hair the dirty white
of foam filled rivers.

We sat there together,
The wind whispered around us,
carrying with it
the voice of gulls from distant lands
(Crashing waves , shifting sands).

The man spoke:
'I remember
when all of this
was still just sand,
Sea shells scattered on shallow shores.
Waves unfolding blue and bright,
under an equally brilliant sky

I looked around
and saw:
Broken glass,
shards glinting blue-green-red
In the light of the sun.
Half a face,
It's painted eye forever watchful,
It's painted mouth forever smiling.
And plastic,
Filthy, loud, hideous plastic.
Mounds of it blanketing the Earth,
Stifling it, suffocating it.

I watched the sea
churning at the horizon
and thought of children stories.
The only place left
where water was still a brilliant blue
and sand was still the color of primrose

The man got up,
Leaving me alone
in this strange new world
where the ducks sank
to the bottom of the sea,
and fish floated
to the top.

Shubhika
Class 12 (non medical)

BHAGAT RAM TALWAR

Himachal Pradesh, a land known for its scenic beauty and tranquil environment holds a significant place in India's struggle and Independence. This article aims to honour and celebrate the extraordinary contribution of the freedom fighter Bhagat Ram Talwar of Himachal Pradesh. Bhagat Ram Talwar a prominent freedom fighter from Kangra , played a crucial role in leading the movement against the British Raj. He actively participated in the movement 'Quit India' leading various protests and demonstrations in the region. Talwar with his indomitable spirit inspired numerous locals to join the fight for independence. He was an agent and prominent figure of the Kirti Kisan Party. He played an active role in India's Freedom struggle.

SIDDHIKA
4TH B

DAWN OF 'US'

People we are the same,
The children of
different colour, caste, religion,
it all has made us insane.
We are naive but difference has made us unemotional.
We are killing each other in the name of religion.
There is so much we could do
but hatred has made us unreasonable.
There is still hope for the "Dawn of Unity"
All we have to do is, eliminate the feeling of disparity.
Once we all are united.
Peace will prevail and we become related.

KANIKA SAMBYAL
XII [NON-MED]



IX B



VIMUDHA KARKI

WORLD ENVIRONMENT DAY
Working towards a healthier and greener world



Cleanliness brigade of Adadhunik



Introduction to Sports

Sports is commonly defined as an athletic activity that needs a lot of immunity and stamina to get a degree of competition. Sports pertain to any form of physical activity or game. Sports is a way for people to release any certain emotion. It is also a big source of entertainment for the public and non participants, it develops a different kind of joy and excitement when watching the games. A sport professional in sports is known as an athlete.

Benefits of sports in different ages

There are many sports in different ages.

At first, we have 2-4 years.

In this age group, Fun and unstructured games ensure that children remain active. Basic activities such as walking, running, jumping and many more are perfect for supporting balance coordination and it too improves muscular strength.

5-9 years.

In this age group, Activities should not last for too long and children should get time to rest. Disciplined sports can be also started under the supervision of coaches. Different styles of swimming can also be learned at this age.

10-15 years,

In this age group a child can easily learn rules and tactics to compete with someone. A child should be made to run long distances, team sport like football or volleyball which support friendship and teamwork.

16-20s

A person at 17 has a level of ability and physical development close to that of an adult. The person at 19 has a very strong bone structure and this age is only once in the person's life in which bone structure becomes very strong.

30-40s

The metabolism begins to slow down and losing weight becomes more difficult, so one should pay attention to the exercise they do as to what they are doing daily.

50-60s

Bones and muscles increasingly lose their density and strength. At this age one must play sports and do exercises to prevent heart attack, cardiac related diseases, and other health issues could be prevented.

There are basically four types of sports categories.

- Individual Sports - a participant competes as an individual.
- Partner Sports- we have MLB Teams, Leagues and many more.
- Team Sports- competition between players of the team.
- Extreme Sports - a high dosage of risk, height, speed, physical struggles and natural challenges.

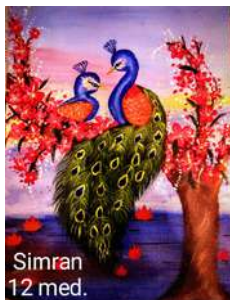


Aarav Nayyar
VI A

shanvi-VIII A



Ayaan Vaid
VI A



Simran
12 med.



Aarav Nayyar
VI A



Rakhi Kahlon

INTERNATIONAL YOGA DAY

Honouring the diversity and goodness of yoga traditions around the world



OATH CEREMONY

A pledge to uphold and honor integrity, growth and excellence



ARE YOU UP TO THE CHALLENGE?

ACROSS

- color of the sky
- to put in your hands
- apple and pumpkin are types of this
- add an e to the word cut
- unscramble: eager
- unscramble: mesa
- a clock tells you this
- unscramble: lead
- day before Saturday
- where you live
- She ... her bed.

DOWN

- antonym for new
- My pool's ... than yours.
- use this to call people
- past tense of come
- past tense of tell
- has a tail and flies in the sky
- surprised
- breakfast is one of these
- a triangle is this
- put your lunch on this

Phase 4 Words

Across

- You wash your hair with this
- Another word for giving people
- The tiger did a
- Another word for turning
- A garment for your head
- Ready and the
- An age that is very similar to humans
- standing on your hands

Down

- A lunch food that is made with bread
- I will ing is full from being hurt
- The second month when spring begins
- What we do with our fingers
- The lightning made noise
- The King makes a Christmas every year

Fast Food Crossword

Across

- Fizzy drink
- ... rings
- Tube used to drink with
- Soft shaped bread
- Cakes with a hole
- Beef patty on a bun
- Small bowl for your face and fingers
- Condiment made with tomatoes
- Fried potato strips
- Beef patty on a bun with cheese
- Sausage in a roll
- Yellow condiment
- Plug for a hole holder around a filling
- Red slice on a burger
- Small chicken pieces

Down

- Order from your car
- Cold healthy dairy drink
- Shakes pie with toppings
- Fried in an edible shell
- Small chicken pieces

Word Bank

Hesse	Spaghetti	Whole Pine
Bunnet	Sandwich	French
Chorizo	Ice Cream	Sandwich
Cheese	Cracker	Sauce
Shrimp	Milkshake	Sauce
Egg	Hammer	Shrimp
Ice Cream	Hammer	Shrimp
Shrimp	Hammer	Shrimp

Guess the Sports

- R +
- +
- +
- + F
- +
- + NG
- +
- +
- + S
- + 10

WORD PUZZLE

CLASSES MOP
HTIDMIYUIE
HEBZBEPTTL
ESRLMMPAEB
AAAEODABRI
RFCHDCHLAX
RUOHUOKETE
ARBHLAC SOL
YPPYEINSRF
ESPSTCEJ BOS

How Many Words Can You See?

What's My Number?

Follow the clues below to figure out the number. Use the number grid to help you along the way. Cross out any numbers the clues eliminate.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

- The first digit in my number is larger than the second digit.
- My first digit is divisible by 2 or 3.
- My second digit is greater than 1.
- My digits add up to a number less than 13.
- My second digit is also divisible by 2 or 3.
- If you add my two digits together and multiply the sum by 2, my number is between 18 and 24.
- My number is the median of the numbers that are left.

Find as Many Words as You Can!

E	D	E	H
S	T	B	W
T	I	R	I
A	O	G	S

Points

- 3 letters = 1 point
- 4 letters = 1 point
- 5 letters = 2 points
- 6 letters = 3 points
- 7 letters = 5 points
- 8 letters = 9 points

Guess the cars Names

-
-
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-
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-
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-

Challenge 4 u....

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41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

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IDIOMS IN DAILY CONVERSATION

Up your communication game!

- Under the weather**- To feel ill
won't attend the party tonight, I am feeling a bit **under the weather**.
- Spill the beans**- To give away a secret
He **spilled the beans** about the surprise party.
- Sat on the fence**- To be undecided
They criticized the president for **sitting on the fence**.

